

Your complete guide to live in care at Home





At **Radfield Home Care**, we understand the importance of staying connected to what truly matters - family, routines, community, and the comfort of home. For many people, remaining in familiar surroundings is central to their wellbeing. That's why [live in care](#) is increasingly becoming the preferred alternative to residential care. This guide will help you understand **what live in care is**, how it works with Radfield, its benefits, and what day-to-day life looks like when receiving [24-hour live in care support](#).

Whether you're exploring care options for yourself or a loved one, we're here to help you make informed, confident decisions.

What is live in care?

Live in care is a professional care service where a trained [Care Professional](#) moves into the home to provide round-the-clock support. Unlike traditional domiciliary care, which involves multiple short visits throughout the day, live in care ensures one consistent presence in the home, day and night.

This type of care is ideal for people who value their independence but need some help with daily activities. It also offers peace of mind to family members who want to know their loved one is never alone and is receiving continuous, compassionate care.

In essence, live in care is about more than practical support. It is a holistic service that nurtures wellbeing, independence, and dignity - all in the place where a person feels most comfortable: their own home.

How live in care works with Radfield

We tailor every care arrangement to the individual. From the moment you get in touch, we take the time to get to know your needs, wishes and preferences through a free **care consultation**. This allows us to create a personalised care plan that truly supports the way you want to live.

Once we understand your needs, we carefully match you with one of our trained **Care Professionals** - someone who not only has the right skills and experience, but also shares similar interests or values, helping to foster a strong, trusting relationship.

Our live in care includes support with:

- [Personal care](#) (such as bathing, dressing and toileting)
- [Medication reminders and health monitoring](#)
- [Household tasks and meal preparation](#)
- [Companionship and social activities](#)
- [Mobility support and help attending appointments](#)

Throughout the care journey, your local Radfield Home Care office remains actively involved, regularly reviewing the care plan and providing oversight and support to ensure you're happy with the service.

We don't believe in one-size-fits-all care. Instead, we focus on what matters most to the individual receiving support. Whether that's daily walks in the garden, cooking together, or simply having someone to share stories with, we design our care around each person's lifestyle.

The benefits of live in care at home

For many families, choosing live in care is about so much more than practical support. It's about providing continuity, connection, and quality of life. Here are just some of the key benefits:

Stay independent at home

Our approach to live in care is rooted in empowerment. With the right support in place, many people can continue doing the things they love and make their own choices every day. Whether that means baking, gardening, or keeping up with local community groups, our Care Professionals are there to make life easier; not to take over.

One-to-one, consistent support

Unlike residential care settings, live in care ensures the same Care Professional provides support every day. This continuity helps build strong, trusting relationships and allows for care that is truly personal and responsive to changing needs.

Emotional and social wellbeing



Loneliness and isolation can have a significant impact on health. Live in care offers companionship, conversation and shared activities, helping to maintain positive mental health and emotional wellbeing.

Tailored routines and flexibility

There's no need to adapt to a rigid timetable. With live in care, you set the pace. Mealtimes, medication, hobbies and rest all happen on your own terms, in your own time.

Peace of mind for families

Knowing that a loved one has dedicated support 24 hours a day offers great reassurance. Family members can focus on spending quality time together, rather than managing care themselves.

What day-to-day life with live in care looks like

Every person is different, so every care arrangement will look a little different too. However, here's what you can generally **expect from live in carers** working with Radfield:

- **Morning** – Gentle support with waking, washing, dressing and breakfast. Medication reminders and planning the day ahead.
- **Midday** – Light housework, meal preparation, accompanying the person to appointments, walks or social activities.
- **Afternoon** – Companionship, hobbies or quiet time. Supporting personal interests, whether that's gardening, crafts, or a favourite TV programme.
- **Evening** – Dinner preparation, winding down with a book or film, and help with the bedtime routine.
- **Overnight** – While not working continuously through the night, the Care Professional is present in the home and available in case of emergencies or if support is needed.

Many of our clients tell us that the consistent presence of a Care Professional brings confidence, calm and stability to daily life. It's not just care - it's trusted companionship and meaningful connection.

FAQs: Live in care for families

What's the difference between live in care and home care?

Live in care involves a Care Professional living in the home and providing continuous support. Home care (also known as domiciliary care) typically consists of several shorter visits throughout the day. The right choice depends on the level of support needed and personal preference.

How do you match Care Professionals with clients?

We look at both care needs and personality. We aim to match clients with Care Professionals who complement their lifestyle and preferences, helping to foster strong, comfortable relationships.

Can live in care be short-term?

Yes. [Short term live in care](#) is available. We offer flexible care packages including respite care, post-hospital recovery, or support during family holidays. Many families find live in care ideal for temporary situations that require higher levels of support.

What kind of training do Radfield Care Professionals receive?

All our Care Professionals receive comprehensive training and ongoing development. We take pride in their professionalism, compassion, and commitment to providing **Exceptional Care by Exceptional People®**.



Is live in care suitable for people with complex health needs?

Yes, we regularly support people living with conditions such as dementia, Parkinson's, and mobility challenges. We work alongside health professionals and family members to ensure needs are met with dignity and expertise.

Why choose Radfield Home Care?

We're more than a care provider - we're champions of care people want as well as need. Our mission is to help our nation age well by keeping people connected to the things that matter most: family, community, comfort and independence.

Choosing live in care with Radfield means choosing personalised support that prioritises wellbeing, dignity and everyday joy. It means choosing care that fits your life, not the other way around.

To learn more or arrange your free care consultation, contact your local **Radfield Home Care** office today. We're here to help you explore your options and find the best path forward.